



# Berries

## What we're learning

Alaska has abundant resources and Alaska Native people developed food gathering techniques around these seasonal resources, including fish, berries and game. In school, your child may have lessons on gathering berries for primary students.

## Words we're speaking in Lingít\*

Tléikw (berries)  
 Tleikw yee.ín (pick berries)  
 Kanat'á (blueberries)  
 Shák w (strawberries)  
 Was'x'aan tliégu (salmonberry)  
 Kaxwéix (high bush cranberries)

## Words we're speaking in Yugtun\*

Atsat (berries)  
 Iqvaq (pick berries)  
 Curat (blueberries)  
 Atsalugpiat (salmonberries)  
 Tumalglit (cranberries)  
 Asiaqtut (they are picking berries)

## Words we're speaking in Inupiat\*

Asiat (berries)  
 Asiaq (stem for to pick berries)  
 Asiaqtut (they are picking berries)  
 Asiaviit (blueberries)  
 Ivgum asiaṅat (strawberries)  
 Aqpik (salmonberry/cloudberry)  
 Aqpiit (plural salmonberries/cloudberries)  
 Uqpiṅṅat (highbush cranberries)

## Conversation starters for talking with your child

*You heard some blueberry stories at school. What happens in a story about blueberries?*

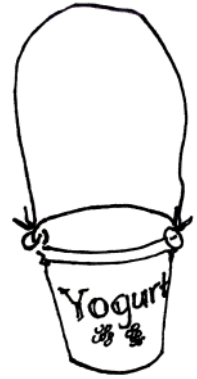
*Why are berries important to you and to people who live in Alaska?*

*What are some yummy things you can make with berries?*

*[ADULT] Share about a berry picking adventure you have had, or make up a funny story about berry picking.*





\*What words are used in your region to describe berries? Feel free to submit your translations to [cpleasa@aasb](mailto:cpleasa@aasb) to include in this resource.

## Fun things to do at home:



1. **Pick berries!** Take a walk together and look for berry bushes. If in season, pick some berries. If not, guess which bushes are berry bushes. How can you tell? What kinds of berry bushes did you find?
2. **Make a Berry Bucket!**
  - a. Find an empty plastic container like a yogurt container.
  - b. Make two holes in the rim.
  - c. Tie a string on the holes to hang it around your neck.
3. **Take a Berry Poll!** What kind of berry is the most popular in your family? Have your learner ask family and friends and record and count their data on the form below to determine your family's favorite berry.

**Add to our box of knowledge (return this portion to school):** What does your family like to make with berries? We would love for you to add a recipe to our class berry cookbook. Write recipe here:

Name of Family Member	Blueberry 	Strawberry 	Cranberry 	Salmonberry 
<b>Total</b>				