

Social Emotional Learning (SEL) Family Inclusive Lesson Planning Template

Lesson Title:

SEL Skill Focus:

Home Extension Activities:

Planning:

- What do you need to do in order to make each of the areas below family inclusive?
The following page contains items to consider for each area.
- Who can help with planning and facilitating?

<p>Breakdown of concepts and skills</p>	<p>Stories and activities</p>
<p>Family relevant materials</p>	<p>Planning and sharing this lesson</p>

Components of Family Inclusive SEL

Explanation of Concepts and Skills

- Explain concepts in the lesson using the words and language families use at home to talk about SEL.
- Integrate family and community values.
- Draw connections to community activities, such as subsistence, to reinforce SEL concepts.
- Translate key words and stories into the language spoken by families.

Stories and Teaching Practices

- Integrate stories into the lesson. Ideally stories are from the community; if not, use stories that look, sound, and feel like families.
- Identify collectivist teaching practices that can be substituted for individualistic teaching practices. Use stories, songs, music, small group work, physical and hands-on activities in place of worksheets and students working on their own.
- Invite Elders into the classroom as co-facilitators.
- Incorporate experiential practices such as subsistence, Native Youth olympics, art, music or dance.

Teaching Materials

- Revise lesson materials (visual images, worksheets) to reflect local images, metaphors and symbols.
- Ensure that books used are culturally relevant.
- Modify role-play scenarios for family and cultural relevance.

Partnerships for Planning and Facilitating

- Reach out to families for help in planning and facilitating lessons.
- Invite Elders to be partners in planning and facilitating lessons. Roles for Elders can include:
 - collaboratively planning culturally affirming lessons
 - translating key concepts, words and activities into the language spoken by families
 - telling stories during the lesson
 - assisting with positive behavior supports in the classroom
 - co-facilitating the lesson
- Partner with school staff who are from the community to understand values, culture, language (e.g. paraprofessionals, front office, maintenance staff). Sometimes students feel closer to these staff than to educators from outside of Alaska.
- Identify community partners who can support the lesson concepts. Partnering with community resources expands the student support system even more.

Lesson Planning Process

1. **Reflect.** Review existing SEL lessons through the lens of family inclusiveness (optional tool on the following page).
2. **Learn.** Connect with families, Elders, school staff and community resources to learn about family perspectives.
3. **Adapt.** Use the SEL Family Inclusive Lesson Planning Template (previous page) to outline and plan for needed modifications to infuse family perspective.
4. **Collaborate.** Partner with families, Elders, school staff or community resources in planning and facilitating the adapted SEL lessons.
5. **Extend.** Identify home extension activities found in the Activities Resource Bank on the following pages which families can use to reinforce SEL skills and extend learning from the classroom to home.